

# Health Inequalities Outreach Impact

Data to summarise Outreach clinics delivered by NGPS and Newcastle University Pharmacy Students on the Community Health Bus, September 2025 to March 2026.

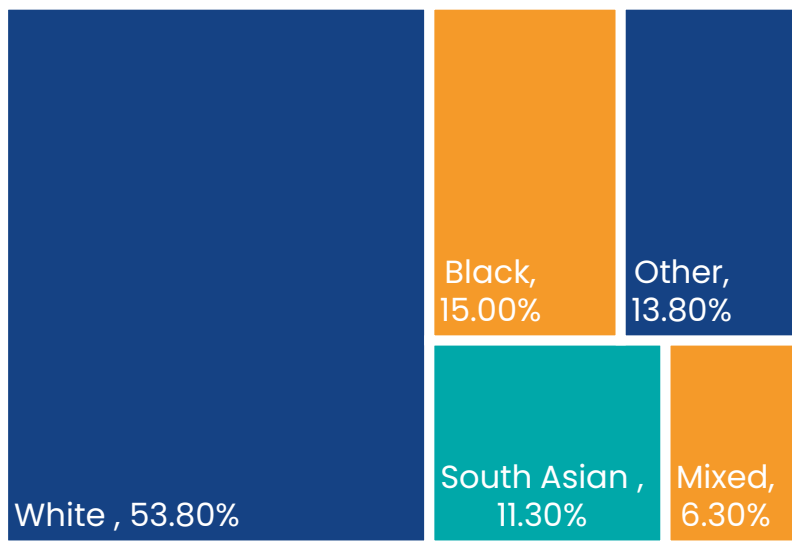
## Targeted Venues

**78 Outreach** clinics across **37 venues**.  
**12 venues** ( $\geq$  **75th** percentile)  
**5 venues** ( $\geq$  **96th** percentile)  
*(For National & Newcastle IMD)*  
**57%** of venues fell within **IMD1 / IMD2**.

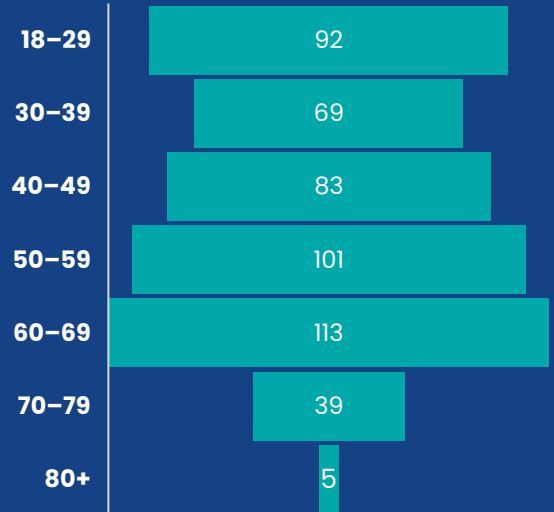
## Patient Reach

**554 patients** seen.  
**(52.9% male – 47.1% female)**  
 In line with Newcastle's population.  
**(52.1% male – 47.9% female)**

## Patient Ethnicity



## Age of Outreach Health Check Population



## Patients seen from across all 7 PCNs

*(Patient's PCN based on estimate from their postcode)*

~ **35.46%** (Inner West)  
 ~ **22.08%** (Outer West)  
 ~ **18.05%** (East) ~ **9.98%** (WEFH)  
 ~ **8.07%** (North Gosforth) ~ **5.31%** (JLG)  
 ~ **1.06%** (Central)

## Venues attended across all 7 PCNs

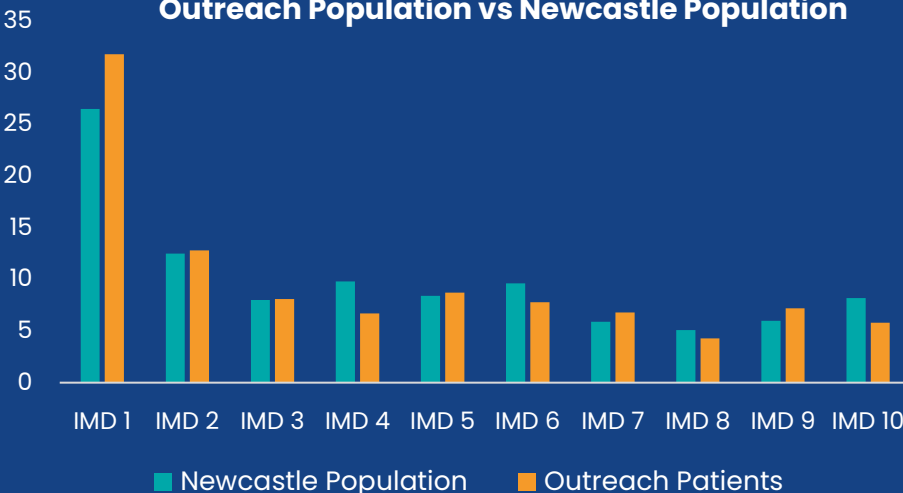
*(Venue's PCN based on estimate from the venue postcode)*

~ **29.87%** (East) ~ **23.38%** (Central)  
 ~ **19.48%** (Inner West) ~ **11.69%** (Outer West)  
 ~ **9.09%** (North Gosforth) ~ **5.19%** (WEFH) ~ **1.30%** (JLG)

**16 New venues** – gyms, sports clubs, places of worship, community projects, foodbanks

**New Partnership with Aldi** – delivered Outreach across **ALL** Newcastle stores to improve community access to health interventions.

## Outreach Population vs Newcastle Population



## Covid & Flu Vaccine Practice Support (Oct – Nov 2025)

- ✓ **62** Pharmacy Students signed off to administer immunisations
- ✓ **10** clinics completed across **5** different PCNs
- ✓ **230 flu** and **99 covid** vaccines delivered
- ❑ **Future learning identified that reducing appointment lengths would increase clinic capacity, improve throughput and overall practice support**

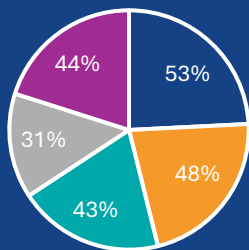
## Blood Pressure

Of **554** results, **53.4%** of patients recorded a result of **≥140/90mmHg**.

**13.0%** were **≥180/120mmHg**, (**100%** were males).

**54%** of those with **≥180/120mmHg** were white.

## Proportion of each ethnicity with ≥5.0 Total Cholesterol



- Other
- White
- South Asian
- Mixed
- Black

## Patients with Q-risk above 10%

**60%** of patients were British  
**66.7%** were male.

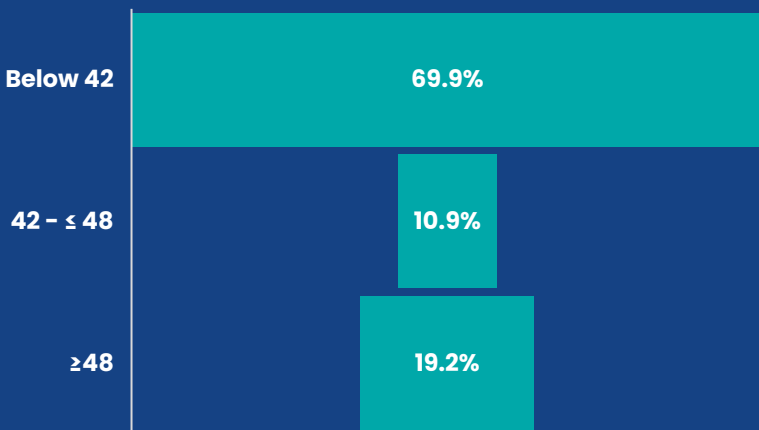
South Asian patients risk cluster in **50–59** yrs. Compared to British peaking at **60–79** yrs.

Matches known Q-Risk weighting for **South Asian ethnicity**

**57** patients screened had FH of Ischaemia < 60 yrs old

**New POCT HbA1c** - **229 patients** consented to being tested. Results provided in < **5 minutes** from capillary blood sample.

## HbA1c Outcomes



## HbA1c Findings

**South Asian males:** ~**29%** are in the diabetes-range HbA1c (≥48), the highest male risk group.

**Asian females:** ~**42%** are in the diabetes-range HbA1c (≥48), the highest overall female risk group.

**Black participants:** mainly in pre-diabetic range (42–48), especially males (~**22%**), suggesting a key prevention opportunity for potential progression.

**Smoking:** **122** smokers identified, **75** accepted smoking cessation advice

## Student Statistics

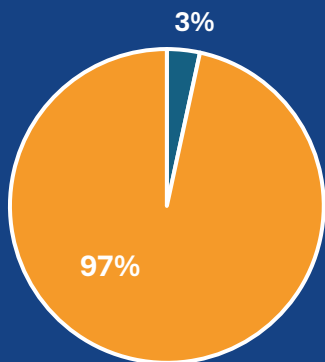
**58** Students received **232 days** of clinical supervision.  
**75%** reported the placement met their intended goals.  
**75%** would recommend the placement to a friend.  
**100%** felt well supported throughout the placement.

## Student Feedback

*"I loved being able to help people because they wanted it and appreciated it"*

*"I enjoyed that I have helped people who face health inequalities. All the supervisors were helpful and supportive."*

## Patient Satisfaction Ratings



- Neither likely or unlikely
- Extremely likely / Likely

## Patient Feedback

*"I don't believe that the team and the facility could have done more - very professional"*

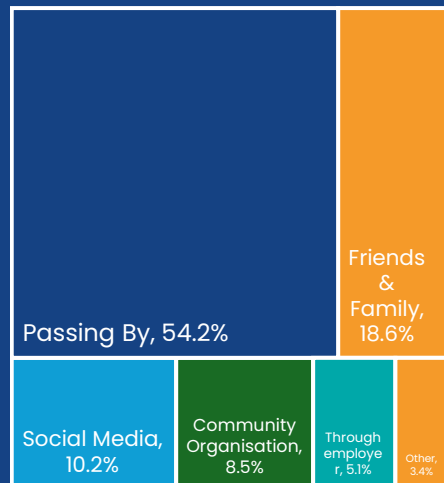
*"The very best service already"*

*"It's great to have a community health bus promoting a quick health check"*

*"They were brilliant, putting me at ease about my blood pressure"*

*"Really friendly, very knowledgeable and extremely helpful - local to what you require. ★★★★★"*

## Patients accessing the service



## Future Planning:

- Enhance SI template to improve data capture and reporting. (i.e. multiple health indicator screening)
- Improved patient outcomes tracking. (GP interventions, Statin initiation, A&E referrals and subsequent outcomes)
- Strengthening evaluation and service quality, support ambitions to work with Public Health towards a commissioned health check service.